Third Sunday in Advent **Joy**



Written by the Rev. Kristine O'Brien (Director of Crieff Hills)

- L: In this season of Advent, we celebrate God's joy.
- P: Knowing that Christ is coming to bring healing and wholeness to the world is a source of delight!
- L: When we gather for worship it is a celebration, an opportunity to rejoice in all that God is doing among us and beyond us.
- P: We welcome our neighbours and celebrate God's goodness.
- L: Even when we face difficulty and trouble we sing a song of faith, confident that Jesus is able to redeem our suffering world.
- P: Together, we are a sign of God's joy for the world.

(The candle is lit)

- L: Let us pray:
- P: God of transformation,
 we rejoice that you lift up the lowly
 and bind up the broken hearted.
 We marvel at your power to
 change hearts and lives.
 Fill us with your Spirit this season
 so that our voices declare
 your goodness
 and our lives proclaim your mercy
 in Jesus Christ, Amen.





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Boosting Bodies and Minds in Haiti

Little Seraphin was light in the arms of her mother when they arrived at Hôpital St. Marc. At only fifteen pounds, the two-year-old was severely underweight and in need of immediate treatment for malnutrition and its many complications.

With persistent droughts and a continuously changing climate, many families in Haiti are left without sufficient food for their children and almost half of the population is malnourished.

After her mother brought her to the hospital, Seraphin was enrolled in a program supported by PWS&D and Canadian Foodgrains Bank, providing therapeutic nutrition support to malnourished children.

In the program, Seraphin was given milk, food, antibiotics and vitamins to help her regain her strength. Within a few months, Seraphin weight had doubled and she was able to leave the program happy and healthy!

This Advent season, help make sure children have access to nutritious food, allowing them to lead healthy lives from childhood to adulthood.

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